



# Riverside East Elementary Breakfast Menu

30	1	2	3	4
<b>Prices:</b>  <b>FREE</b>	<b>Kellogg's Nutri-Grain Bar</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	<b>Otis Spunkmeyer Choc. Chip. Muf.</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	<b>Trix Yogurt</b> <i>Animal Crackers</i> Choice of Juice Choice of Fruit Choice of Milk	<b>Kelloggs Frosted Flakes</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk
	7	8	9	10
<b>Otis Spunkmeyer Blueberry Muffin</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	<b>Cocoa Puff Cereal Bar</b> <i>Cheese Stick</i> Choice of Juice Choice of Fruit Choice of Milk	<b>Pillsbury Apple Fruedel</b> Choice of Juice Choice of Fruit Choice of Milk	<b>Kellogg's WG Fudge PopTart</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	<b>11 Bagel w/Cin. Cr. Cheese</b> Choice of Juice Choice of Fruit Choice of Milk
14	15	16	17	18
<b>COLUMBUS DAY</b>	<b>Kellogg's Rice Krispy Treat</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	<b>Otis Spunkmeyer Muffin</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	<b>Pillsbury Cherry Fruedel</b> Choice of Juice Choice of Fruit Choice of Milk	<b>Pillsbury Cinni Mini</b> Choice of Juice Choice of Fruit Choice of Milk
	21	22	23	24
<b>Kellogg's WG Fudge PopTart</b> <i>Cheese Stick</i> Choice of Juice Choice of Fruit Choice of Milk	<b>Pillsbury Mini Maple Pancakes</b> Choice of Juice Choice of Fruit Choice of Milk	<b>Trix Cereal Bar</b> <i>Cheese Stick</i> Choice of Juice Choice of Fruit Choice of Milk	<b>Kelloggs Apple Jacks</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	<b>Trix Yogurt</b> <i>Scooby Sticks</i> Choice of Juice Choice of Fruit Choice of Milk
28	29	30	31	
<b>Cocoa Puff Cereal Bar</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	<b>Kellogg's Blueberry Pop Tart</b> Cheese Stick Choice of Juice Choice of Fruit Choice of Milk	<b>Kellogg's Frosted Flakes</b> <i>Cheese Stick</i> Choice of Juice Choice of Fruit Choice of Milk	<b>Pillsbury Cinni Mini</b> Fruit Juice Fresh Fruit Choice of Milk	<i>State requires offering of 1 cup of fruit at breakfast. Additional fruit or juice will be offered at register.</i>

## Breakfast in the Classroom

**Just stop by the café when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.**

**Hello! My name is Ana.** Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.



**COST**  
Free....0  
Reduced.....\$.30  
Full Pay.....\$1.30

**Fruit and Juice**  
What do you like? Fresh Apples?  
Oranges? Bananas?

**Choice of Milk**  
Variety includes low-fat and fat-free choices.

